

SWIMMERS OF THE MONTH

JUNE 2006

National Group: Swimmer of the Month for June is Erika. Erika was one of our standout swimmers at the Cottonwood Invitational. Despite swimming at 5,000 feet above sea level, she managed to race and perform near her best times. Erika is also one of our most focused swimmers in the group. Congratulations Erika! —*Coach Ron*

High School Group: High School group Swimmer of the Month is Madison. Madison is working hard on improving her times in all her events for the high school season. Her attendance has improved tremendously and she is working hard in all of her practices. Keep up the good work Madison! —*Coach Brent*

Junior Olympic Group 2: The Swimmers of the Month for June were Nick and Mitchell. Nick worked hard at practice to focus on desire to swim. He showed his talents and abilities at the 4th of July meet by getting his first two JO times in the 50 fly and the 50 back. He also came up just short in several other races. Mitchell turns 13 right before JO's. He swam the 100 backstroke and the 200 back on the same day and had to qualify as a 13 year old. Mitchell squeezed in under the 100 backstroke time and then crushed the 200 backstroke time that afternoon. Mitchell has worked very hard to be in this position. Congratulations Nick & Mitchell! —*Coach Chris*

Junior Olympic Group 1: JO1 Swimmer of the Month is Marley. Marley has worked hard in the JO1 group. She has improved her breaststroke and continues to make her butterfly and backstroke stronger. She had a good meet at Cottonwood by earning 5th place overall in her age group. Keep working hard Marley! —*Coach Brent*

Blue Group: Ashley is the Swimmer of the Month for June. She has been swimming for only two months now and I can't even tell you how much she has improved. She went from knowing very little, to swimming in her first meet at the Fireworks meet. Ashley has great attendance as well and always does the little things to improve. Awesome job Ashley, keep up the good work!
—*Coach Alyssa*

Gold/Silver Group: No Swimmer of the Month chosen. —*Coach Charlie*

Novice Group A: Swimmer of the Month for June is Erica. Erica works hard at practice to keep up with the kids who are bigger than her. She always has a smile on her face and is eager to work on new things, especially those related to breaststroke. Congratulations Erica, and keep up the good work! —*Coach Violet*

Novice Group B: My Swimmer of the Month for June is Hayley. She has only been on the team for a short time and has shown vast improvement in her strokes. She has a positive attitude and comes to practice regularly. Good job, Hayley! —*Coach Matt*



Erika



Madison



Nick



Mitchell



Marley



Ashley



Erica



Hayley